

Negative Cognitive Style among Adolescents

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Abstract

This current descriptive study was conducted to compare the level of negative cognitive style among adolescents on the basis of gender and socioeconomic status to deeply understand the phenomena of negative cognitive style. Adolescents Cognitive Style Questionnaire-Short Form (ACSQ-SF) scale was used to measure negative cognitive style. The sample was selected through convenient sampling method and consisted of 370 participants with age range of 13-21years. Data analyzed through Statistical Package for Social Science (SPSS, 23 Version). Findings indicated that boys show more negative cognitive style as compared to girls and socio-economic status does not influence the negative cognitive style among adolescents.