

## **ADJUSTMENT AND ACADEMIC ACHIEVEMENT PROBLEMS AMONG SCHOOL STUDENTS IN BALOCHISTAN.**

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### **ABSTRACT:**

*The main purpose of the study is to highlight the adjustment and academic achievement Problems among the school students in Balochistan. Twenty primary girls school were selected from District Mastung. A self-made questioner was administrated to teachers of schools, and principle The sample consisted of 250 people. The data collected through a self made questionnaire was analyzed by using descriptive statistics where frequencies and percentage were drawn. Significant problems were found in adjustment and academic achievement among the students at school level. The level of adjustment of secondary school students is average. Girls possess better adjustments than boys.*

**Keywords:** Adjustment, Academic Achievement, Adolescent.

## **INTRODUCTION:**

Adjustment is a basic need of every person everybody try to capture his/her various and contrary needs. Since we must satisfy our needs in form of social adjustment which mention to the good times with which a person adjust to people in general and to the group with which a person recognize the specific education activities which improve the ability of students. It has various ranges that are completely related to human development and growth including cognitive, emotional social and physical developments. Academic achievement refers to the result of intellectual achievement in school and universities and as an education limit it is the most valuable factor for personal and social growth (Seminary, dinger's spinath 2012).

## **REVIEW OF LITRATURE**

Peer builds a life for children outdoor their families in doing so they half accurate the emotional biases those families surely give their children. But in Balochistan low peer relationship is the main problem of adjustment among the school students. While weak relationship with parents usually are hurtful for students in social adjustment parents act put effect on the child social and academic achievement. Most of the parents behave very strictly with their children which destroy the future of their children. Relationship with support can also have a sturdy influence on a student's psychological and motivational reaction to school, for example, positive relations with peers can maintain emotional safety and reason to achieve studies of preschoolers which demonstrate how the company of familiar support can help the journey in new scenery and general alteration to school (Ispa, 1981, Ladd and Price 1987, Schwarz 1972). During teenage years students can have a sturdy influence on the amount to which their acquaintances like school and plan to go to institution (Epstein, 1983) finally apparent isolation from peers as well as supposed lack of management in obtaining social support at school which have also been related to low grades of accomplishment (Epperson, 1963).

Study groups mean group of people meeting all together in order to examine and study a subject of common interest. Study groups supports that can mentally come to study their group are very low and help in each other problems. But in Balochistan of social adjustment and academic achievement.

Next to the family school plays a very important role in overall Social adjustment and academic achievement in school children. While optimistic relationships with guardians typically are not damaging to peer relations

Montemayer, 1984) reliance on peers for suggestion and assent can be unconstructively affiliated with closeness to parents (Kandel and Lesser, 1972), continuous power struggle with parents seems to drive adolescents to more dependence and acquiescence of peer norms with refusal of parent norms (Hill, 1980) maintaining a optimistic family surroundings helps gifted children contract with the anti-gifted peer stress they may feel during teenage years it's also important for guardians to value and support their children's talent during this uncertain period in their development and not to add to the pressures, the child is already feeling. Parents need to be very careful not to pressure fame and social success as a substitute parents may have to counter peer messages of popularity by pointing out that the importance on popularity as a competitive form of friendship and at high school graduation (Rimm, 1988) they will need to support their reliable students and point out the rewards ahead including good scholarships and excellent social modification. Successful classroom management produces a high rate of work in academic achievement but in Balochistan most of the schools have poor classroom management there is no physical facilities in classrooms. Specially in government school classes are extra populated and physical facilities are not available in classes like fan duster, water chalk etc. and no sound system is present there and students are unable to listen the lecture of teacher and students avoid to go to schools which causes in failure in academic achievement.

Quality teaching is an output of worth administration. Administration is the procedure of setting up, directing and calculating organizational assets to achieve organizational aims. Planning as distinct by Khan, M.I. (1997, p.1) is an association which is a collection of stuffs, ideas and pupil.

### **Method:**

Twenty primary girls school were selected from District Mastung. A self-made questioner was administrated to teachers of schools, and principle The sample consisted of 250 people. The data collected through a self made questionnaire was analyzed by using descriptive statistics where frequencies and percentage were drawn. The justification tool i.e. a questionnaire was checked personally and by experts and was distributed among the chosen principles of primary schools. English was the language used for the questionnaire. For the pilot testing of the research i.e. questionnaire initially distributed among some head ministers of female schools of District Mustang and tool was finalized. After arranging into a table the data, outcome were intended; each entry of the questionnaire was development and examined by using proportion and mean score.

SA	=	5 points
A	=	4 points
UNC	=	3 points
DA	=	2 points
SDA	=	1 points

**Findings:** Analysis of questionnaire of responded 250. Questionnaires were distributed 180 responded. Analysis of these as under.

Table 1: The monthly PTMS help to enhance the academic achievements of the students

Level Score	Frequency	percentage	means
SA	105	80.8%	4.80
A	25	19.2%	
N	0	0	
DA	0	0	
SDA	0	0	

Table.1

The Statistician table shows that 86% respondents said yes and yes 14% respondent is disagreed with the statement. The mean score is 4.80%

Table 2: The family back ground of students Put any effect to the academic achievements.

Level Score	Frequency	percentage	mean
SA	81	62.3%	4.59%
A	45	34.6%	
N	4	31%	
DA	0	0	
SDA	0	0	

Table.2

The statistical table shows that 84% respondents said yes, 3.1% is neutral and 14% is disagreed. The mean score is 4.59% one

Table 3: Sharing of students of reports with their parents help to enhance academic achievements

Level Score	Frequency	percentage	mean
SA	79	60%	45.8
A	47	36%	
.N	4	31%	

DA	0	0
SDA	0	0

Table.3

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The Statistical table shows that their opponents with 86% age said yes and 3.1% responded having weight age neutral and 11% said no. The mean score is 45.8%.

### **Discussion:**

Table 1 Shows- 86% of the respondents agreed with the Monthly PTMS help to enhance the academic achievement of students. Table 2 Shows- 84% of respondents agreed with the family background of student put effect to the social relation and academic achievements. Table 3 Shows- 86% of respondents agreed with the sharing of students' reports with their parents help to enhance academic achievements. Things create the requirement for management, thoughts develop theoretical framework and people need headship. It develops running behavior of functioning with people, -ideas and stuffs toward prearranged goals. It requires human verdict and cost effective use of assets and processes, which outcomes in a focused well and flourishing organization. Human source management achieves its purposes of secretarial growth through employing and budding the right kind of man force that is effectual and professional. Disrespectful behavior of teachers with student is the main problem of students specially in government schools. Which causes failure in academic achievement? Teachers positive behavior effect the students social adjustment also. Assessments are useful apparatus in many respects such as to evaluate student's academic achievement, Social ability attitudes, behavioral patterns and working ways but in Balochistan most of the school has not good evaluation. Arrangement. Which is the major problem of academic achievement and social adjustment among students? Teaching methods and techniques put effect on a academic achievements of the students old teaching methods are used in class room which effect the academic achievements of the students. In schools they do not conduct co curricular activity in class rooms. Sufficient time is not provided students for individual academic problems share with their teachers which causes in failures in academic session. Poor patterns of social act accepted by a child in home hinder his/her development to make good social adjustment outdoor the

home against the healthy, ambition to do so, the children brought up by severe methods usually develop character of resentment towards expert, whereas liberal preparation in the home attract a child to ignored the wishes of others. Parents and other experts figures cannot promote emotional development such as achievement, understanding of other points of view become they cannot behave as true equals with children. The school is the major socialization institution for a child. It is child's first contact with the world outdoor the house. For nearby 12 years a child spends 5 to 7 hours a day in the school. School is one the most important foundation pillars on which the child's character develops children learn proficiencies in various abilities like learning process and home work. Social connection administration emotion and the management of day to day communication at home and school in. in actuality the growing child is dependent on the current environment the house and the school to meet his growth need the care therefore extends to how the school facilities can be develop and improved to meet the growth need of the children. Which badly effect the children academic achievement. The monthly PTMS help to enhance the academic achievements of the learners but in government schools the monthly PTMS are not held regularly which causes failure of academic achievements the family backgrounds of students put positive effect to the social relation and academic achievements. Sharing of students of reports with their parents helps to enhance the academic achievements and social adjustments. The proper use of A.V aids in curriculum activity put effect the academic achievements of the students but in schools teacher does not use the A.V aids in curriculum activity. The electronic media is the source of success in curriculum activity but in balochistan there is no facility in electronic media schools. Monthly test enhance the quality of academic achievements but in schools there is no arrangements of monthly test which causes failure in academic achievements. Academic guidance is not provided in schools. Subject specialists are not appointed as a tutor in schools which is the biggest problem of students in academic achievements. Reference study materials are not available in schools. Administration is not cooperative which effect the process of academic achievement. Scholarship helps the poor students in the process of academic achievement but in Balochistan the most of the schools have no scholarship system which is the basic problem of poor students because their parents do not afford the education requirements of their children's and their kids avoid to go to school

and their parents do not fulfill their positive social needs which is the problem of the social adjustments and academic achievements among the students. Especially in governments schools there is no monitoring system to check punctuality and regularity of teachers which is the biggest problem of students to achieve their goals because most of the teachers are also absent from schools.

**Conclusion:**

In Balochistan the quality of education is low which results in poor adjustment among student. Government of Baluchistan and minster for education must not any steer on education only in official and in file work without first evaluating the quality of knowledge given to students but steps are not taken to provide people good education spreading bogus and out dated material is waste of wealth and time. The student deserve much better and must be given the chance to face the word armed knowledge to reach this goal every conscious mind must work towards providing the students' which is best curricula possible. Government of Balochistan must provide facilities in schools to fulfill the requirements of quality of education. They must provide computer system in every schools they must provide electronic media to enhance the academic achievements of students the must appoint subject specialist in every schools. Government must give budget for scholarship for poor students. Government must provide monitoring system to check the punctuality of teacher. Government must appoint trained and senior teachers in high school which help to enhance the academic achievements of students they should introduce new methods and techniques of teaching and they must provide teaching materials in schools. So that we can be really make our Baluchistan students well known and qualified people.

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