

## **Personality development through Emotional Intelligence in university graduates of Quetta**

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### **Abstract**

*The purpose of this study was to determine the emotional intelligence in university graduates at Quetta specifically with respect to its traits like maturity, motivation, self-control and social stability in order to attain overall personality development. A cross-sectional survey design in the form of self-report questionnaire was used to examine variables i.e. maturity, motivation, self-control and social stability to stimulate personality development. Eight faculties of two public sector universities were selected through proportionate sampling and further random sampling technique was used to select 200 respondents as a sample size and the observed response rate was 88% (176 out of 200). All the responses were analyzed by using SPSS soft wear (Statistical Package for Social Sciences). Chi-square tests and descriptive statistics were applied to analyze data. The reported chi-square values were found highly significant (i.e.;  $p < 0.05$ ) for most of the responses indicating maturity, motivation, self-control and social stability, which ensures the presence of different traits at high level among university graduates which ultimately promote personality development.*