

Mental Health Issues among University Students: A Study of Students' Experiences and Special Privileges

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Abstract

Mental health issues among university students have been a subject of debate among circles in Pakistan. The scholarship in the field suggests that there is an increase in the prevalence and severity of mental health conditions among university students. The aim of the study is to learn the response of university students living with mental health conditions and whether universities are meeting their needs to support their academic career. The study focuses on BUITEMS – a well renowned university in Quetta, Balochistan. The respondents of the study are individuals diagnosed with a mental health condition currently enrolled or were enrolled in the university for last four years. The survey questionnaire checks the responses of university students about their experiences about mental health condition and their level of satisfaction about the services and privileges provided by the university.

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